

Contact: Jennifer Benito
Public Information Officer
Office: 916.405.2082
Cell: 916.416.6337
E-mail: jbenito@FIGHTtheBITE.net

FIGHT THE BITE THIS LABOR DAY WEEKEND!
--Protect Yourself And Your Family From Mosquitoes And West Nile Virus

ELK GROVE, Calif., September 1, 2006 - The Sacramento-Yolo Mosquito and Vector Control District urges the public to practice the District's **7Ds** this Labor Day weekend. **DRAIN** any standing water that may produce mosquitoes. **DAWN** and **DUSK** are times to avoid being outdoors. These are the times when mosquitoes are most active. **DRESS** appropriately by wearing long sleeves and pants when outside. **DEFEND** yourself against mosquitoes by using an effective insect repellent, such as DEET, Picaridin or Oil of Lemon Eucalyptus. Make sure you follow label directions! **DOOR** and window screens should be in good working condition. This will prevent mosquitoes from entering your home. **DISTRICT** personnel are also available to address any mosquito problem you may be experiencing by calling 1-800-429-1022 or visiting us online at FIGHTtheBITE.net.

West Nile virus

According to the Centers for Disease Control and Prevention (CDC), West Nile virus (WNV) is the leading cause of arboviral encephalitis in the United States. Originally discovered in Africa in 1937, WNV was first detected in the western hemisphere in 1999 in New York City. Since then it has caused seasonal epidemics of West Nile virus fever and severe neurological disease. West Nile virus is transmitted to humans and animals through the bite of an infected mosquito. Mosquitoes become infected with WNV when they feed on infected birds.

West Nile virus activity for Sacramento and Yolo Counties: This year, **118** dead birds, **87** mosquito pools, **14** sentinel chicken flocks (presence of antibodies), **1** equine and **28** humans have tested positive for West Nile virus to date.

The District is at LEVEL 5 of their response plan, for details visit us online at <http://www.fightthebite.net/mediacorner/plan.php>

To report a dead bird call 1-877-WNV-BIRD (1-877-968-2473) or visit the California Department of Health Services online at westnile.ca.gov

The **Sacramento-Yolo Mosquito and Vector Control District** provides mosquito and vector control services for Sacramento and Yolo Counties.

###