

**MAILING ADDRESS**  
**SACRAMENTO COUNTY**  
8631 BOND ROAD  
ELK GROVE, CA 95624

**YOLO COUNTY**  
1234 FORTNA AVENUE  
WOODLAND, CA 95776

1.800.429.1022  
[FIGHTtheBITE.net](http://FIGHTtheBITE.net)

**FOR IMMEDIATE RELEASE**  
**April 6, 2009**

**Contact:** Luz Maria Rodriguez, Public Information Officer  
**Office:** 916.405.2082 | **Cell:** 916.416.6337  
**E-mail:** [lrodriguez@FIGHTtheBITE.net](mailto:lrodriguez@FIGHTtheBITE.net)

**VOLUNTEERS NEEDED FOR MOSQUITO AWARENESS WEEK**  
**--Sac-Yolo Mosquito Control Needs Helping Hands**

**ELK GROVE, Calif.** April 6, 2009--- The Sacramento-Yolo Mosquito and Vector Control District is seeking volunteers for its fourth annual Volunteer Day. Volunteers will help distribute educational materials focused on preventing mosquitoes and protection against West Nile virus during Mosquito Awareness Week, scheduled for April 19-25. "Spring is here and we've started to see mosquito activity," said David Brown District Manager. "We need as many volunteers as possible to help spread our health education messages." Volunteers will be asked to distribute door hangers around their neighborhoods on Volunteer Day scheduled for Friday, April 24, 2009 or anytime during Mosquito Awareness Week.

Late spring rains, like the ones announced for this week, followed by warm temperatures create the ideal mosquito breeding conditions. The District reminds the public to walk around their property and empty any containers that may collect water and produce mosquitoes. The public's assistance is also needed to report neglected swimming pools.

For additional information or to sign up for Volunteer Day, please contact Luz Maria Rodriguez at 916.405-2082 or by email at [lrodriguez@FIGHTtheBITE.net](mailto:lrodriguez@FIGHTtheBITE.net)

**DAVID BROWN, MANAGER**

The Sacramento-Yolo Mosquito and Vector Control District provides year round mosquito and vector control services. Our goal is to keep the public healthy by preventing the transmission of diseases and improving the quality of life for residents of Sacramento and Yolo counties.

**2009 BOARD OF TRUSTEES**

**CRAIG R. BURNETT, PRESIDENT, FOLSOM**

**ROSEMARIE BUTLER, V. P., ISLETON**

**MARIE HEILMAN, SECRETARY, WINTERS**

**RAUL DEANDA, WEST SACRAMENTO**

**LYNDON HAWKINS, ELK GROVE**

**JAYNA KARPINSKI-COSTA, CITRUS HEIGHTS**

**JOHN L. LEWALLEN, SAC. COUNTY**

**ROBERT MCGARVEY, RANCHO CORDOVA**

**MICHAEL PARRELLA, YOLO COUNTY**

**NEAL PEART, WOODLAND**

**DAVE TAMAYO, SACRAMENTO**

**ROBERT K. WASHINO, DAVIS**

**FIGHT the Bite! Follow the District's 7Ds of Mosquito Prevention:**

**DRAIN** any standing water that may produce mosquitoes.

**DAWN** and **DUSK** are times to avoid being outdoors.

**DRESS** appropriately by wearing long sleeves and pants when outside.

**DEFEND** yourself against mosquitoes by using an effective insect repellent, such as DEET, Picaridin or Oil of Lemon Eucalyptus. Make sure you follow label directions!

**DOOR** and window screens should be in good working condition.

**DISTRICT** personnel are also available to address any mosquito problem you may be experiencing by calling 1-800-429-1022 or visiting the District online at [FIGHTtheBITE.net](http://FIGHTtheBITE.net).

###