

# NEWS RELEASE

**FOR IMMEDIATE RELEASE**  
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**FIGHT THE BITE DURING NATIONAL NIGHT OUT**  
**--Protect Yourself and Your Family From Mosquitoes and West Nile Virus**

Elk Grove, Calif.— Tonight is National Night Out and many will be engaging in fun outdoor activities around dusk, a time of peak mosquito activity. The Sacramento-Yolo Mosquito and Vector Control District reminds the public to protect themselves against mosquito bites and West Nile virus. “We’re in the middle of mosquito season and it remains critical that people take proper precautions to guard themselves against mosquitoes and West Nile virus,” said David Brown, District Manager. “The threat to everyone is still very real,” he added. Though National Night Out focuses on crime and drug prevention, mosquitoes will be focused on biting humans so wearing an effective mosquito repellent such as DEET, Picaridin or Oil of Lemon Eucalyptus is very important.

In recent weeks, many birds and infected mosquito samples have been found in different areas of Sacramento County. Though no human cases have been reported so far, the District still urges the public to protect themselves especially when outdoors. Public cooperation is also needed to prevent mosquito breeding sites around the home and in reporting neglected swimming pools in foreclosed homes.

This National Night Out and during summer weeks ahead, practice the **District D’s of Mosquito Prevention: DRAIN** standing water that may produce mosquitoes. **DAWN** and **DUSK** are times to avoid being outdoors. **DRESS** appropriately by wearing long sleeves and pants when outside. **DEFEND** yourself by using an effective insect repellent. Make sure to follow label directions! **DOOR** and window screens should be in good working condition. **DISTRICT** personnel are also available to address any mosquito problems. Call them at 1-800-429-1022 or visit [www.FIGHTtheBITE.net](http://www.FIGHTtheBITE.net)

**2008 West Nile virus activity update:**

**Level 3--Sacramento County: 49 dead birds, 1 sentinel chicken, 149 mosquito samples and 0 humans** have tested positive for West Nile virus to date.

**Level 2--Yolo County: 2 dead bird, 0 sentinel chickens, 2 mosquito samples and 0 humans.**

DAVID BROWN, MANAGER

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