DO YOUR D’S PLEASE

1. Dawn and Dusk
   Stay indoors to avoid being bitten by mosquitoes.
   Mosquitoes are active at this time.

2. Dress Appropriately
   Wear long sleeve pants and top to avoid being bitten.

3. Defend with Repellent.

4. Doors and Windows
   Should be in good working condition.
   Use good working screens on doors and windows.

5. Drain any standing water.

WE CAN FIGHT THE BITE

1800.429.1022
DISTRICT staff is available to assist you or visit us at:
FIGHTTHEBITE.net
2018 FIGHT THE BITE CONTEST Second Place Winner Grades K–3

Diagram showing strategies to fight mosquito bites:
- Avoid outdoors during dawn and dusk.
- Dress in long sleeves and pants when outdoors.
- Drain standing water that may produce mosquitoes.
- Defend yourself using insect repellent.
- Contact the district for assistance with mosquito problems.
- Contact number: 1-800-429-1022.
2018 FIGHT THE BITE CONTEST Third Place Winner Grades K–3

- **Mosquito Protection**
  - Dump out standing water
  - Insect repellent
  - Wear protective clothing

- **Precautions**
  - Don't go out at dusk or dawn
  - Keep door shut
  - Keep windows closed
Please wear a long sleeve shirt and long pants at dawn and dusk.

FITE THE BITE!

When you're in the dark and there is mosquitoes outside wear mosquito spray.

The mosquito survives in water that's left out so do not do that.

Please keep windows and doors closed at night to keep the mosquitos away.

If you want to go outside in the dark then don't.
2018 FIGHT THE BITE CONTEST First Place Winner Grades 4–6

THE 7 D’s

1) Get rid of standing water
   - Mosquito Eggs

2) Drain standing water
   - Water H.0.

3) Avoid being outdoors during dawn and dusk.

4) Dress appropriately with long sleeves and pants.

5) Door and windows should be in good conditions.

6) Call this number to contact the staff for mosquito problems.
   - 1-800-429-1022

7) My way is staying out of hot areas.

04 District

04 Defend
2018 FIGHT THE BITE CONTEST Second Place Winner Grades 4–6

DRAIN
any standing water that may produce mosquitoes

DRESS
appropriately by wearing long sleeves and pants when outdoors

Dawn and Dusk
are times to avoid being outdoors

DEFEND
yourself against mosquitoes by using an effective insect repellent

CALL
1-800-429-1022 or Visit AT FightTheBite.net

No mosquitoes enter!! what?
2018 FIGHT THE BITE CONTEST Third Place Winner Grades 4–6

1. Drain standing water
2. Use door and window screens
3. Use insect repellent spray
4. Avoid dawn & dusk
5. Dress appropriately for full mosquito protection
6. Staff is available to assist with mosquito problems
7. www.FightTheBite.org
8. 1-800-429-1022

What should I wear? Long sleeve ✔ Short sleeve ✗
2018 FIGHT THE BITE CONTEST Fourth Place Winner Grades 4–6
Don’t Let These Small Insects Fool You!

Defend Yourself against mosquitoes by using effective insect repellent.

Dawn and Dusk times to avoid being outdoors.

Not only do we give you an itchy rash, but we also carry diseases like the West Nile Virus.

Fight the Bite!

Drain Any Standing Water

Sacramento-Yolo MOSQUITO & VECTOR CONTROL DISTRICT
2018 FIGHT THE BITE CONTEST Second Place Winner Grades 7–12
Door and window screens should be in good condition.

Remember: avoid being outside at dawn and dusk.

Ways to fight the bite:
- Dress: wear long sleeves and pants.
- Drain any standing water.

To do:
- Protect yourself by using effective insect repellent.

Call 1-800-429-1022 if you have any problems.
2018 FIGHT THE BITE CONTEST Fourth Place Winner Grades 7–12

fight the bite

drain, daun, defend, district

KEEP OFF🚫